



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

Participant ID

Variable # 1

Sas Name: ID

Sas Label: Participant ID

Usage Notes: none

Categories: Study: Administration

F146 Days since enrollment

Variable # 2

Sas Name: F146DAYS

Sas Label: F146 Days since enrollment

Usage Notes: none

Categories: Study: Administration

| N | Min | Max | Mean | Std Dev |
|-------|------|------|-----------|---------|
| 79885 | 1456 | 3576 | 2190.9443 | 53.8315 |

F146 Current weight lbs

What is your current weight?

Variable # 3

Sas Name: WTCUR_6

Sas Label: Current weight lbs

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|-----------|----------|
| 78229 | 70 | 437 | 154.30232 | 33.20875 |

F146 Highest weight in past year

In the past year, what was your highest weight?

Variable # 4

Sas Name: WTMAX_6

Sas Label: Highest weight in past year

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|----------|----------|
| 77807 | 67 | 435 | 159.5925 | 35.02404 |

F146 Lowest weight in past year

In the past year, what was your lowest weight?

Variable # 5

Sas Name: WTMIN_6

Sas Label: Lowest weight in past year

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|-----------|----------|
| 77580 | 67 | 432 | 150.50742 | 32.29336 |

**F146 In 3 yrs lost 5 lbs on purpose**

In the past 3 years, did you lose five or more pounds on purpose at any time?

Variable # 6**Sas Name:** LOST5LBP_6**Sas Label:** In 3 yrs lost 5 lbs on purpose**Usage Notes:** none**Categories:** Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 41,607 | 52.1% |
| 1 | Yes | 35,810 | 44.8% |
| 9 | Don't know | 1,561 | 2.0% |
| . | Missing | 907 | 1.1% |
| | | 79,885 | |

F146 5lbs on purpose/Change in diet

Change in diet

Variable # 7**Sas Name:** LWPDIET_6**Sas Label:** 5lbs on purpose/Change in diet**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,402 | 5.5% |
| 1 | Yes | 31,143 | 39.0% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

F146 5lbs on purpose/Increased exercise

Increased exercise

Variable # 8**Sas Name:** LWPEXER_6**Sas Label:** 5lbs on purpose/Increased exercise**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Physical Activity
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 13,906 | 17.4% |
| 1 | Yes | 21,639 | 27.1% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

F146 5lbs on purpose/Prescription diet pill

Prescription diet pill (e.g., Redux, Meridia, Xenical)

Variable # 9**Sas Name:** LWPPPL_6**Sas Label:** 5lbs on purpose/Prescription diet pill**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 35,054 | 43.9% |
| 1 | Yes | 491 | 0.6% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

**F146 5lbs on purpose/Over-the-counter diet pill**

Over-the-counter diet pill (e.g., Acutrim)

Variable # 10**Sas Name:** LWPNPPL_6**Sas Label:** 5lbs on purpose/Over-the-counter diet pill

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 35,070 | 43.9% |
| 1 | Yes | 475 | 0.6% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History**F146 5lbs on purpose/Commercial wt loss program**

Commercial weight-loss program

Variable # 11**Sas Name:** LWPCMPRG_6**Sas Label:** 5lbs on purpose/Commercial wt loss prog

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 30,460 | 38.1% |
| 1 | Yes | 5,085 | 6.4% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History**F146 5lbs on purpose/Started or increased smoking**

Started or increased smoking

Variable # 12**Sas Name:** LWPSMKNG_6**Sas Label:** 5lbs on purpose/Started, increased smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 35,454 | 44.4% |
| 1 | Yes | 91 | 0.1% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Lifestyle: Smoking
Medical History: Height/Weight History
Physical Measurements: Height/Weight History**F146 5lbs on purpose/Surgical procedure**

Surgical procedure (such as intestinal bypass or stomach balloon)

Variable # 13**Sas Name:** LWPSRGRY_6**Sas Label:** 5lbs on purpose/Surgical procedure

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 35,457 | 44.4% |
| 1 | Yes | 88 | 0.1% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History

**F146 5lbs on purpose/Other diet method**

Other (Specify)

Variable # 14**Sas Name:** LWPOTHER_6**Sas Label:** 5lbs on purpose/Other diet method**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yr lost 5 lbs on purpose".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 33,174 | 41.5% |
| 1 | Yes | 2,371 | 3.0% |
| . | Missing | 44,340 | 55.5% |
| | | 79,885 | |

F146 in 3 yrs lost 5 lbs not on purpose

In the past 3 years, did you lose five or more pounds not on purpose at any time?

Variable # 15**Sas Name:** LOST5LBA_6**Sas Label:** in 3 yrs lost 5 lbs not on purpose**Usage Notes:** none**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 59,170 | 74.1% |
| 1 | Yes | 17,514 | 21.9% |
| 9 | Don't know | 2,318 | 2.9% |
| . | Missing | 883 | 1.1% |
| | | 79,885 | |

F146 5lbs not on purpose/Illness

Illness

Variable # 16**Sas Name:** LWAILLNS_6**Sas Label:** 5lbs not on purpose/Illness**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 10,957 | 13.7% |
| 1 | Yes | 5,872 | 7.4% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

F146 5lbs not on purpose/Depression

Depression

Variable # 17**Sas Name:** LWADPRS_6**Sas Label:** 5lbs not on purpose/Depression**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 15,240 | 19.1% |
| 1 | Yes | 1,589 | 2.0% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

**F146 5lbs not on purpose/Stressful time**

Stressful time

Variable # 18**Sas Name:** LWASTRES_6**Sas Label:** 5lbs not on purpose/Stressful time

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 12,357 | 15.5% |
| 1 | Yes | 4,472 | 5.6% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral**F146 5lbs not on purpose/Life events**

Life events (e.g., change in job or marital status)

Variable # 19**Sas Name:** LWALEVNT_6**Sas Label:** 5lbs not on purpose/Life events

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 15,305 | 19.2% |
| 1 | Yes | 1,524 | 1.9% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral**F146 5lbs not on purpose/Loss of appetite**

Loss of appetite

Variable # 20**Sas Name:** LWALSAPP_6**Sas Label:** 5lbs not on purpose/Loss of appetite

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 13,051 | 16.3% |
| 1 | Yes | 3,778 | 4.7% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**F146 5lbs not on purpose/Loss of taste**

Loss of taste

Variable # 21**Sas Name:** LWALSTST_6**Sas Label:** 5lbs not on purpose/Loss of taste

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 16,010 | 20.0% |
| 1 | Yes | 819 | 1.0% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History



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F146 5lbs not on purpose/Other weight loss

Other (Specify)

Variable # 22
Sas Name: LWAOOTHER_6
Sas Label: 5lbs not on purpose/Other weight loss

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".
Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 12,278 | 15.4% |
| 1 | Yes | 4,551 | 5.7% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

F146 5lbs not on purpose/Don't know

Don't know

Variable # 23
Sas Name: LWADNTNO_6
Sas Label: 5lbs not on purpose/Don't know

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".
Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 14,499 | 18.1% |
| 1 | Yes | 2,330 | 2.9% |
| . | Missing | 63,056 | 78.9% |
| | | 79,885 | |

F146 Walk more than 10 minutes

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 24
Sas Name: WALKSWK_6
Sas Label: Walk more than 10 minutes

Usage Notes: none
Categories: Physical Activity

| Values | | N | % |
|--------|---------------------------|--------|-------|
| 0 | Rarely or never | 16,800 | 21.0% |
| 1 | 1-3 times each month | 10,009 | 12.5% |
| 2 | 1 time each week | 7,954 | 10.0% |
| 3 | 2-3 times each week | 22,377 | 28.0% |
| 4 | 4-6 times each week | 16,461 | 20.6% |
| 5 | 7 or more times each week | 5,544 | 6.9% |
| . | Missing | 740 | 0.9% |
| | | 79,885 | |



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How many minutes walking

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 25

Sas Name: MINSWALK_6

Sas Label: How many minutes walking

Usage Notes: Sub-question of F146 V1 Q6 "Walk more than 10 min".

Categories: Physical Activity

| Values | | N | % |
|--------|----------------------|--------|-------|
| 1 | Less than 20 minutes | 17,351 | 21.7% |
| 2 | 20-39 minutes | 29,699 | 37.2% |
| 3 | 40-59 minutes | 10,322 | 12.9% |
| 4 | 1 hour or more | 4,163 | 5.2% |
| . | Missing | 18,350 | 23.0% |
| | | 79,885 | |

F146 Usual walking speed

What is your usual speed?

Variable # 26

Sas Name: WALKSPD_6

Sas Label: Usual walking speed

Usage Notes: Sub-question of F146 V1 Q6 "Walk more than 10 min".

Categories: Physical Activity

| Values | | N | % |
|--------|-----------------------------|--------|-------|
| 2 | Casual strolling or walking | 14,022 | 17.6% |
| 3 | Average or normal | 31,501 | 39.4% |
| 4 | Fairly fast | 13,184 | 16.5% |
| 5 | Very fast | 547 | 0.7% |
| 9 | Don't know | 2,351 | 2.9% |
| . | Missing | 18,280 | 22.9% |
| | | 79,885 | |

F146 Strenuous exercise

Not including walking outside the home, how often each week (7 days) do you usually do STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 27

Sas Name: HDEXFREQ_6

Sas Label: Strenuous exercise

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|-------------------------|--------|-------|
| 0 | None | 54,040 | 67.6% |
| 1 | 1 day per week | 5,197 | 6.5% |
| 2 | 2 days per week | 6,888 | 8.6% |
| 3 | 3 days per week | 7,953 | 10.0% |
| 4 | 4 days per week | 2,209 | 2.8% |
| 5 | 5 or more days per week | 2,417 | 3.0% |
| . | Missing | 1,181 | 1.5% |
| | | 79,885 | |



F146 Strenuous/how long

How long do usually exercise like this at one time?

Variable # 28

Sas Name: HARDMINS_6

Sas Label: Strenuous/how long

Usage Notes: Sub-question of F146 V1 Q7 "Strenuous exercise".

Categories: Physical Activity

| Values | | N | % |
|--------|----------------------|--------|-------|
| 1 | Less than 20 minutes | 3,795 | 4.8% |
| 2 | 20-39 minutes | 8,389 | 10.5% |
| 3 | 40-59 minutes | 6,378 | 8.0% |
| 4 | 1 hour or more | 5,755 | 7.2% |
| . | Missing | 55,568 | 69.6% |
| | | 79,885 | |

F146 Moderate exercise

Not including walking outside the home, how often each week (7 days) do you usually do MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 29

Sas Name: MDEXFREQ_6

Sas Label: Moderate exercise

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|-------------------------|--------|-------|
| 0 | None | 42,869 | 53.7% |
| 1 | 1 day per week | 7,662 | 9.6% |
| 2 | 2 days per week | 9,438 | 11.8% |
| 3 | 3 days per week | 10,451 | 13.1% |
| 4 | 4 days per week | 3,395 | 4.2% |
| 5 | 5 or more days per week | 4,860 | 6.1% |
| . | Missing | 1,210 | 1.5% |
| | | 79,885 | |

F146 Moderate/ how long

How long do usually exercise like this at one time?

Variable # 30

Sas Name: MODMINS_6

Sas Label: Moderate/ how long

Usage Notes: Sub-question of F146 V1 Q8 "Moderate exercise".

Categories: Physical Activity

| Values | | N | % |
|--------|----------------------|--------|-------|
| 1 | Less than 20 minutes | 8,472 | 10.6% |
| 2 | 20-39 minutes | 15,320 | 19.2% |
| 3 | 40-59 minutes | 6,723 | 8.4% |
| 4 | 1 hour or more | 4,675 | 5.9% |
| . | Missing | 44,695 | 55.9% |
| | | 79,885 | |



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Mild exercise

Not including walking outside the home, how often each week (7 days) do you usually do MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 31

Sas Name: MLEXFREQ_6

Sas Label: Mild exercise

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|-------------------------|--------|-------|
| 0 | None | 54,707 | 68.5% |
| 1 | 1 day per week | 8,748 | 11.0% |
| 2 | 2 days per week | 6,236 | 7.8% |
| 3 | 3 days per week | 4,161 | 5.2% |
| 4 | 4 days per week | 1,408 | 1.8% |
| 5 | 5 or more days per week | 2,912 | 3.6% |
| . | Missing | 1,713 | 2.1% |
| | | 79,885 | |

F146 Mild /how long

How long do usually exercise like this at one time?

Variable # 32

Sas Name: MILDMINS_6

Sas Label: Mild /how long

Usage Notes: Sub-question of F146 V1 Q9 "Mild exercise".

Categories: Physical Activity

| Values | | N | % |
|--------|----------------------|--------|-------|
| 1 | Less than 20 minutes | 5,990 | 7.5% |
| 2 | 20-39 minutes | 6,614 | 8.3% |
| 3 | 40-59 minutes | 2,742 | 3.4% |
| 4 | 1 hour or more | 7,639 | 9.6% |
| . | Missing | 56,900 | 71.2% |
| | | 79,885 | |

F146 Hours doing heavy indoor chores

About how many hours each week do you usually spend doing heavy (strenuous) indoor household chores such as scrubbing floors, sweeping, or vacuuming?

Variable # 33

Sas Name: INDRCHOR_6

Sas Label: Hours doing heavy indoor chores

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|------------------|--------|-------|
| 1 | Less than 1 hour | 32,055 | 40.1% |
| 2 | 1-3 hours | 32,603 | 40.8% |
| 3 | 4-6 hours | 9,988 | 12.5% |
| 4 | 7-9 hours | 2,595 | 3.2% |
| 5 | 10 or more hours | 1,811 | 2.3% |
| . | Missing | 833 | 1.0% |
| | | 79,885 | |



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Months of yard work per year

About how many months during the year do you usually do things in the yard, such as mowing, raking, gardening, or shoveling snow?

Variable # 34

Sas Name: YRDWORKM_6

Sas Label: Months of yard work per year

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 34,477 | 43.2% |
| 2 | 1-3 months | 12,877 | 16.1% |
| 3 | 4-6 months | 13,402 | 16.8% |
| 4 | 7-9 months | 8,275 | 10.4% |
| 5 | 10 or more months | 8,963 | 11.2% |
| . | Missing | 1,891 | 2.4% |
| | | 79,885 | |

F146 Hours per week doing yard work

When you do these things in the yard, how many hours each week do you do them?

Variable # 35

Sas Name: YRDWRKH_6

Sas Label: Hours per week doing yard work

Usage Notes: Sub-question of F146 V1 Q11 "Months of yard work per year".

Categories: Physical Activity

| Values | | N | % |
|--------|------------------|--------|-------|
| 1 | Less than 1 hour | 7,128 | 8.9% |
| 2 | 1-3 hours | 23,918 | 29.9% |
| 3 | 4-6 hours | 7,482 | 9.4% |
| 4 | 7-9 hours | 2,347 | 2.9% |
| 5 | 10 or more hours | 1,883 | 2.4% |
| . | Missing | 37,127 | 46.5% |
| | | 79,885 | |

F146 How many hours sitting

During a usual day and night, about how many hours do you spend sitting? Be sure to include the time you spend sitting at work, sitting at the table eating, driving or riding a car or bus, and sitting up watching TV or talking.

Variable # 36

Sas Name: SITTING_6

Sas Label: How many hours sitting

Usage Notes: none

Categories: Physical Activity

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 4 hours | 9,857 | 12.3% |
| 2 | 4-5 hours | 21,121 | 26.4% |
| 3 | 6-7 hours | 19,396 | 24.3% |
| 4 | 8-9 hours | 13,011 | 16.3% |
| 5 | 10-11 hours | 8,002 | 10.0% |
| 6 | 12-13 hours | 4,425 | 5.5% |
| 7 | 14-15 hours | 1,752 | 2.2% |
| 8 | 16 or more hours | 843 | 1.1% |
| . | Missing | 1,478 | 1.9% |
| | | 79,885 | |



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Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Hours sleeping or lying down

During a usual day and night, about how many hours do you spend sleeping or lying down? Be sure to include the time you spend sleeping or trying to sleep at night, resting or napping, and lying down watching TV.

Variable # 37

Usage Notes: none

Sas Name: SLEEPING_6

Categories: Lifestyle: Sleep
Physical Activity

Sas Label: Hours sleeping or lying down

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 4 hours | 603 | 0.8% |
| 2 | 4-5 hours | 2,484 | 3.1% |
| 3 | 6-7 hours | 26,108 | 32.7% |
| 4 | 8-9 hours | 39,162 | 49.0% |
| 5 | 10-11 hours | 8,709 | 10.9% |
| 6 | 12-13 hours | 1,601 | 2.0% |
| 7 | 14-15 hours | 359 | 0.4% |
| 8 | 16 or more hours | 245 | 0.3% |
| . | Missing | 614 | 0.8% |
| | | 79,885 | |

F146 Caffeinated coffee/instant or filtered

Caffeinated coffee, either instant or paper-filtered drip (cups)

Variable # 38

Usage Notes: none

Sas Name: CFINDP_6

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Sas Label: Caffeinated coffee/instant or filtered

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 30,078 | 37.7% |
| 2 | 1-3 per month | 5,027 | 6.3% |
| 3 | 1 per week | 2,104 | 2.6% |
| 4 | 2-4 per week | 4,176 | 5.2% |
| 5 | 5-6 per week | 2,286 | 2.9% |
| 6 | 1 per day | 12,095 | 15.1% |
| 7 | 2-3 per day | 17,840 | 22.3% |
| 8 | 4-5 per day | 2,967 | 3.7% |
| 9 | 6 or more per day | 684 | 0.9% |
| . | Missing | 2,628 | 3.3% |
| | | 79,885 | |



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F146 Other caffeinated coffee

Other caffeinated coffee, such as perked, espresso or latte (cups)

Variable # 39

Sas Name: CFOTHCFE_6

Sas Label: Other caffeinated coffee

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 62,077 | 77.7% |
| 2 | 1-3 per month | 4,810 | 6.0% |
| 3 | 1 per week | 1,625 | 2.0% |
| 4 | 2-4 per week | 1,448 | 1.8% |
| 5 | 5-6 per week | 426 | 0.5% |
| 6 | 1 per day | 1,507 | 1.9% |
| 7 | 2-3 per day | 1,501 | 1.9% |
| 8 | 4-5 per day | 249 | 0.3% |
| 9 | 6 or more per day | 68 | 0.1% |
| . | Missing | 6,174 | 7.7% |
| | | 79,885 | |

F146 Decaf coffee/instant or filtered

Decaf coffee, either instant or paper-filtered drip (cups)

Variable # 40

Sas Name: CFDCINDP_6

Sas Label: Decaf coffee/instant or filtered

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 41,156 | 51.5% |
| 2 | 1-3 per month | 7,444 | 9.3% |
| 3 | 1 per week | 3,353 | 4.2% |
| 4 | 2-4 per week | 5,451 | 6.8% |
| 5 | 5-6 per week | 2,210 | 2.8% |
| 6 | 1 per day | 6,814 | 8.5% |
| 7 | 2-3 per day | 7,360 | 9.2% |
| 8 | 4-5 per day | 1,125 | 1.4% |
| 9 | 6 or more per day | 272 | 0.3% |
| . | Missing | 4,700 | 5.9% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Other decaf coffee

Other decaf coffee, such as perked, espresso or latte (cups)

Variable # 41

Sas Name: CFDCOTH_6

Sas Label: Other decaf coffee

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 64,607 | 80.9% |
| 2 | 1-3 per month | 3,402 | 4.3% |
| 3 | 1 per week | 1,179 | 1.5% |
| 4 | 2-4 per week | 1,152 | 1.4% |
| 5 | 5-6 per week | 306 | 0.4% |
| 6 | 1 per day | 773 | 1.0% |
| 7 | 2-3 per day | 758 | 0.9% |
| 8 | 4-5 per day | 111 | 0.1% |
| 9 | 6 or more per day | 23 | 0.0% |
| . | Missing | 7,574 | 9.5% |
| | | 79,885 | |

F146 Regular tea

Regular tea (not decaf) (cups)

Variable # 42

Sas Name: CFREGTEA_6

Sas Label: Regular tea

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 32,056 | 40.1% |
| 2 | 1-3 per month | 11,644 | 14.6% |
| 3 | 1 per week | 5,272 | 6.6% |
| 4 | 2-4 per week | 9,228 | 11.6% |
| 5 | 5-6 per week | 3,193 | 4.0% |
| 6 | 1 per day | 6,190 | 7.7% |
| 7 | 2-3 per day | 6,144 | 7.7% |
| 8 | 4-5 per day | 1,186 | 1.5% |
| 9 | 6 or more per day | 318 | 0.4% |
| . | Missing | 4,654 | 5.8% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Decaf tea

Decaf tea (cups)

Variable # 43
Sas Name: CFDCFTEA_6
Sas Label: Decaf tea

Usage Notes: none
Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 46,005 | 57.6% |
| 2 | 1-3 per month | 6,641 | 8.3% |
| 3 | 1 per week | 3,385 | 4.2% |
| 4 | 2-4 per week | 6,148 | 7.7% |
| 5 | 5-6 per week | 2,253 | 2.8% |
| 6 | 1 per day | 3,689 | 4.6% |
| 7 | 2-3 per day | 3,497 | 4.4% |
| 8 | 4-5 per day | 584 | 0.7% |
| 9 | 6 or more per day | 153 | 0.2% |
| . | Missing | 7,530 | 9.4% |
| | | 79,885 | |

F146 Soft drinks with caffeine

Soft drinks with caffeine (such as Coke, Diet Pepsi, Dr. Pepper, Mountain Dew) (12 oz. Can)

Variable # 44
Sas Name: SODACF_6
Sas Label: Soft drinks with caffeine

Usage Notes: none
Categories: Diet

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 44,343 | 55.5% |
| 2 | 1-3 per month | 11,377 | 14.2% |
| 3 | 1 per week | 5,480 | 6.9% |
| 4 | 2-4 per week | 7,201 | 9.0% |
| 5 | 5-6 per week | 1,933 | 2.4% |
| 6 | 1 per day | 3,700 | 4.6% |
| 7 | 2-3 per day | 1,909 | 2.4% |
| 8 | 4-5 per day | 231 | 0.3% |
| 9 | 6 or more per day | 105 | 0.1% |
| . | Missing | 3,606 | 4.5% |
| | | 79,885 | |



F146 Soft drinks without caffeine

Soft drinks without caffeine (such as Sprite, 7-Up, Diet Sprite) (12 oz. can)

Variable # 45

Sas Name: SODANOCF_6

Sas Label: Soft drinks without caffeine

Usage Notes: none

Categories: Diet

| Values | | N | % |
|--------|--------------------------------|--------|-------|
| 1 | Never or less than 1 per month | 43,645 | 54.6% |
| 2 | 1-3 per month | 12,884 | 16.1% |
| 3 | 1 per week | 5,763 | 7.2% |
| 4 | 2-4 per week | 7,115 | 8.9% |
| 5 | 5-6 per week | 1,949 | 2.4% |
| 6 | 1 per day | 2,984 | 3.7% |
| 7 | 2-3 per day | 1,558 | 2.0% |
| 8 | 4-5 per day | 205 | 0.3% |
| 9 | 6 or more per day | 71 | 0.1% |
| . | Missing | 3,711 | 4.6% |
| | | 79,885 | |

F146 Alcohol in past 3 months

During the past 3 months, have you had any drinks containing alcohol?

Variable # 46

Sas Name: ALC3MO_6

Sas Label: Alcohol in past 3 months

Usage Notes: Skip patterns not applied
Back-coded from sub-questions

Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 27,269 | 34.1% |
| 1 | Yes | 49,456 | 61.9% |
| . | Missing | 3,160 | 4.0% |
| | | 79,885 | |

F146 Alcohol how often

In the past 3 months, how often have you had drinks containing alcohol?

Variable # 47

Sas Name: ALCOFTEN_6

Sas Label: Alcohol how often

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)

Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|----------------------------|--------|-------|
| 1 | One day per month or less | 11,327 | 14.2% |
| 2 | 2-3 days per month | 11,372 | 14.2% |
| 3 | 1-2 days per week | 8,347 | 10.4% |
| 4 | 3-4 days per week | 5,607 | 7.0% |
| 5 | 5-6 days per week | 3,690 | 4.6% |
| 6 | Everyday or about everyday | 8,977 | 11.2% |
| . | Missing | 30,565 | 38.3% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How many drinks per day

In the past 3 months, on the days you drank, how many drinks did you usually have per day? (A drink is a 12 ounce glass of beer, one 4 ounce glass of wine, or one shot [1 1/4 oz.] of liquor)

Variable # 48
Sas Name: DRNKSDAY_6
Sas Label: How many drinks per day

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | 1 drink | 33,040 | 41.4% |
| 2 | 2 drinks | 12,906 | 16.2% |
| 3 | 3 drinks | 2,459 | 3.1% |
| 4 | 4-5 drinks | 576 | 0.7% |
| 5 | 6-7 drinks | 99 | 0.1% |
| 6 | 8-9 drinks | 32 | 0.0% |
| 7 | 10-11 drinks | 10 | 0.0% |
| 8 | 12 or more drinks | 21 | 0.0% |
| . | Missing | 30,742 | 38.5% |
| | | 79,885 | |

F146 Alcohol not with major meal

In the past 3 months, on the days you drank, how many of those drinks did you usually drink that were not around a major meal (not around lunch, not around dinner)?

Variable # 49
Sas Name: NOMLDRNK_6
Sas Label: Alcohol not with major meal

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|-------------------|--------|-------|
| 0 | None | 37,100 | 46.4% |
| 1 | 1 drink | 7,626 | 9.5% |
| 2 | 2 drinks | 2,710 | 3.4% |
| 3 | 3 drinks | 961 | 1.2% |
| 4 | 4-5 drinks | 457 | 0.6% |
| 5 | 6-7 drinks | 168 | 0.2% |
| 6 | 8-9 drinks | 64 | 0.1% |
| 7 | 10-11 drinks | 45 | 0.1% |
| 8 | 12 or more drinks | 154 | 0.2% |
| . | Missing | 30,600 | 38.3% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Drinking on special occasions

Do you drink more than usual for special occasions?

Variable # 50
Sas Name: SPECOCES_6
Sas Label: Drinking on special occasions

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 34,425 | 43.1% |
| 1 | Yes | 14,796 | 18.5% |
| . | Missing | 30,664 | 38.4% |
| | | 79,885 | |

F146 How often drink on special occasions

How often does this happen?

Variable # 51
Sas Name: SPCOCOFT_6
Sas Label: How often drink on special occasions

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
Sub-question of F146 V1 Q15.4 "Drinking on special occasions".
(skip pattern not applied)
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|--------------------------|--------|-------|
| 1 | Less than once per month | 10,451 | 13.1% |
| 2 | Once a month | 2,671 | 3.3% |
| 3 | 2-3 times per month | 1,429 | 1.8% |
| 4 | Once a week or more | 212 | 0.3% |
| . | Missing | 65,122 | 81.5% |
| | | 79,885 | |

F146 Changed your drinking habits

In the past 3 years have you changed your alcohol drinking habits?

Variable # 52
Sas Name: AHABCHNG_6
Sas Label: Changed your drinking habits

Usage Notes: none
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 65,433 | 81.9% |
| 1 | Yes | 12,130 | 15.2% |
| . | Missing | 2,322 | 2.9% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How have you changed drinking

How have you changed your alcohol drinking? Have you:

Variable # 53
Sas Name: AHOWCHNG_6
Sas Label: How have you changed drinking

Usage Notes: Sub-question of F146 V1 Q16 "Changed your drinking habits".
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|-----------|--------|-------|
| 1 | Stopped | 1,896 | 2.4% |
| 2 | Decreased | 8,011 | 10.0% |
| 3 | Increased | 1,682 | 2.1% |
| 4 | Started | 467 | 0.6% |
| . | Missing | 67,829 | 84.9% |
| | | 79,885 | |

F146 Why did you make change to drinking

Why did you make this change? (Mark one.)

Variable # 54
Sas Name: AWHYCHNG_6
Sas Label: Why did you make change to drinking

Usage Notes: Sub-question of F146 V1 Q16 "Changed your drinking habits".
Categories: Diet: Alcohol
Lifestyle: Alcohol

| Values | | N | % |
|--------|-------------------------------|--------|-------|
| 1 | Concern about health problems | 2,224 | 2.8% |
| 2 | Concern about future health | 2,566 | 3.2% |
| 8 | Other | 6,705 | 8.4% |
| . | Missing | 68,390 | 85.6% |
| | | 79,885 | |

F146 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 55
Sas Name: SMOKENW_6
Sas Label: Smoke cigarettes now

Usage Notes: none
Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 75,999 | 95.1% |
| 1 | Yes | 3,099 | 3.9% |
| . | Missing | 787 | 1.0% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How many cigarette per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 56

Sas Name: CIGSDAY_6

Sas Label: How many cigarette per day

Usage Notes: Sub-question of F146 V1 Q17 "Smoke cigarettes now".

Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|-------------|--------|-------|
| 1 | Less than 5 | 721 | 0.9% |
| 2 | 5-14 | 1,210 | 1.5% |
| 3 | 15-24 | 845 | 1.1% |
| 4 | 25-34 | 192 | 0.2% |
| 5 | 35-44 | 93 | 0.1% |
| 6 | 45 or more | 24 | 0.0% |
| . | Missing | 76,800 | 96.1% |
| | | 79,885 | |

F146 Does any smoker live with you

Does anyone living with you now smoke cigarettes regularly inside your home?

Variable # 57

Sas Name: LIVSMK_6

Sas Label: Does any smoker live with you

Usage Notes: none

Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 75,748 | 94.8% |
| 1 | Yes | 2,835 | 3.5% |
| . | Missing | 1,302 | 1.6% |
| | | 79,885 | |

F146 Smoke inside/Husband or partner

Husband or partner

Variable # 58

Sas Name: HSBNDSMK_6

Sas Label: Smoke inside/Husband or partner

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".

Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 1,302 | 1.6% |
| 1 | Yes | 1,509 | 1.9% |
| . | Missing | 77,074 | 96.5% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Smoke inside/Son(s) or daughter(s)

Son(s) or daughter(s)

Variable # 59
Sas Name: CHILDSMK_6
Sas Label: Smoke inside/Son(s) or daughter(s)

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".
Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 1,672 | 2.1% |
| 1 | Yes | 1,139 | 1.4% |
| . | Missing | 77,074 | 96.5% |
| | | 79,885 | |

F146 Smoke inside/Other person

Other person/people

Variable # 60
Sas Name: OTHSMK_6
Sas Label: Smoke inside/Other person

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".
Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 2,416 | 3.0% |
| 1 | Yes | 395 | 0.5% |
| . | Missing | 77,074 | 96.5% |
| | | 79,885 | |

F146 Share work space with smokers

Do you now work in a space where people smoke cigarettes?

Variable # 61
Sas Name: SMKWORK_6
Sas Label: Share work space with smokers

Usage Notes: none
Categories: Lifestyle: Smoking

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 77,111 | 96.5% |
| 1 | Yes | 1,045 | 1.3% |
| . | Missing | 1,729 | 2.2% |
| | | 79,885 | |

F146 Have a usual medical care provider

Do you have a clinic, doctor, nurse, or physician assistant who provides your usual medical care?

Variable # 62
Sas Name: CAREPROV_6
Sas Label: Have a usual medical care provider

Usage Notes: none
Categories: Health Care

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 3,118 | 3.9% |
| 1 | Yes | 76,041 | 95.2% |
| . | Missing | 726 | 0.9% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 When last visit usual med care provider

When did you last visit this clinic or person? (Please give your best guess.)

Variable # 63

Sas Name: LSTVIS_6

Sas Label: When last visit usual med care provider

Usage Notes: Sub-question of F146 V1 Q20 "Have doctors, nurse, assistant".

Categories: Health Care

| Values | | N | % |
|--------|----------------------|--------|-------|
| 1 | In the last 3 months | 50,253 | 62.9% |
| 2 | 4-6 months ago | 13,881 | 17.4% |
| 3 | 7-12 months ago | 8,858 | 11.1% |
| 4 | Over a year ago | 2,678 | 3.4% |
| . | Missing | 4,215 | 5.3% |
| | | 79,885 | |

F146 Health care provider changed in last 3 yrs

Has your usual health care provider changed in the past 3 years?

Variable # 64

Sas Name: NEWDR3Y_6

Sas Label: Health care provider changed last 3 yrs

Usage Notes: Sub-question of F146 V1 Q20 "Have doctors, nurse, assistant".

Categories: Health Care

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 53,080 | 66.4% |
| 1 | Yes | 16,157 | 20.2% |
| . | Missing | 10,648 | 13.3% |
| | | 79,885 | |

F146 Do you currently have health insurance

Do you currently have health insurance? This includes pre-paid private insurance such as Health Maintenance Organization (HMO), other private insurance, Medicare, Medicaid (including State Medical Assistance or Medi-Cal), or Miliary or Veterans Administration health care coverage.

Variable # 65

Sas Name: HLTHINSR_6

Sas Label: Do you currently have health insurance

Usage Notes: none

Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 1,590 | 2.0% |
| 1 | Yes | 77,249 | 96.7% |
| . | Missing | 1,046 | 1.3% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Describe health insurance coverage

Which of the following best describes the doctors and hospitals covered by your current health insurance?

Variable # 66

Sas Name: DRSCVRED_6

Sas Label: Describe health insurance coverage

Usage Notes: Sub-question of F146 V1 Q21 "Do you have health insurance".

Categories: Health Care: Insurance

| Values | | N | % |
|--------|--|--------|-------|
| 1 | Benefits are same for doctors I choose | 36,271 | 45.4% |
| 2 | I can use any doctors or hospital | 15,482 | 19.4% |
| 3 | I can only choose from a restricted list | 24,705 | 30.9% |
| . | Missing | 3,427 | 4.3% |
| | | 79,885 | |

F146 Prepaid private insurance/HMO

Pre-paid private insurance, such as a Health Maintenance Organization (HMO), Kaiser Permanente or other Group Health-type plan?

Variable # 67

Sas Name: INSPREPD_6

Sas Label: Prepaid private insurance/HMO

Usage Notes: none

Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 38,954 | 48.8% |
| 1 | Yes | 37,695 | 47.2% |
| . | Missing | 3,236 | 4.1% |
| | | 79,885 | |

F146 Prepaid who pays/employer

Pre-paid/Costs are paid by my employer or my spouse's employer

Variable # 68

Sas Name: PPEMPD_6

Sas Label: Prepaid who pays/employer

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".

Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 21,157 | 26.5% |
| 1 | Yes | 16,171 | 20.2% |
| . | Missing | 42,557 | 53.3% |
| | | 79,885 | |

**F146 Prepaid who pays/costs paid by me**

Pre-paid/Costs are paid by me

Variable # 69**Sas Name:** PPMEPD_6**Sas Label:** Prepaid who pays/costs paid by me**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".**Categories:** Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 18,879 | 23.6% |
| 1 | Yes | 18,449 | 23.1% |
| . | Missing | 42,557 | 53.3% |
| | | 79,885 | |

F146 Prepaid who pays/medicare

Pre-paid/Medicare

Variable # 70**Sas Name:** PPMEDPD_6**Sas Label:** Prepaid who pays/medicare**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".**Categories:** Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 17,975 | 22.5% |
| 1 | Yes | 19,353 | 24.2% |
| . | Missing | 42,557 | 53.3% |
| | | 79,885 | |

F146 Other private insurance

Other private insurance such as Blue Cross, Aetna, etc.?

Variable # 71**Sas Name:** INSOTHPV_6**Sas Label:** Other private insurance**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".**Categories:** Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 37,285 | 46.7% |
| 1 | Yes | 38,855 | 48.6% |
| . | Missing | 3,745 | 4.7% |
| | | 79,885 | |

F146 Other private who pays/employer

Other/Costs are paid by my employer or my spouse's employer

Variable # 72**Sas Name:** PRVEMPPD_6**Sas Label:** Other private who pays/employer**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.3 "Other private insurance".**Categories:** Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 19,683 | 24.6% |
| 1 | Yes | 18,362 | 23.0% |
| . | Missing | 41,840 | 52.4% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Other private who pays/costs paid by me

Other/Costs are paid by me

Variable # 73
Sas Name: PRVMEPD_6
Sas Label: Other private who pays/costs paid by me

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.3 "Other private insurance".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 11,888 | 14.9% |
| 1 | Yes | 26,157 | 32.7% |
| . | Missing | 41,840 | 52.4% |
| | | 79,885 | |

F146 Medicare insurance

Medicare?

Variable # 74
Sas Name: INSMEDCR_6
Sas Label: Medicare insurance

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 23,826 | 29.8% |
| 1 | Yes | 54,415 | 68.1% |
| . | Missing | 1,644 | 2.1% |
| | | 79,885 | |

F146 Medicare/Additional coverage supplements

Do you have additional coverage to supplement your Medicare benefits?

Variable # 75
Sas Name: MEDADDCV_6
Sas Label: Medicare/Additional coverage supplements

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.5 "Medicare".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 7,459 | 9.3% |
| 1 | Yes | 44,997 | 56.3% |
| . | Missing | 27,429 | 34.3% |
| | | 79,885 | |

F146 Medicaid insurance

Medicaid, including State Medical Assistance (for example, Medi-Cal)

Variable # 76
Sas Name: INSMDCAD_6
Sas Label: Medicaid insurance

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 74,614 | 93.4% |
| 1 | Yes | 2,290 | 2.9% |
| . | Missing | 2,981 | 3.7% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Military or VA sponsored insurance

Military or Veterans Administration-sponsored?

Variable # 77
Sas Name: INSMTRY_6
Sas Label: Military or VA sponsored insurance

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 72,956 | 91.3% |
| 1 | Yes | 4,178 | 5.2% |
| . | Missing | 2,751 | 3.4% |
| | | 79,885 | |

F146 Other insurance

Other?

Variable # 78
Sas Name: INSOTHER_6
Sas Label: Other insurance

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Categories: Health Care: Insurance

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 69,153 | 86.6% |
| 1 | Yes | 7,202 | 9.0% |
| . | Missing | 3,530 | 4.4% |
| | | 79,885 | |

F146 Natural hormones in past year

In the past year, did you use any natural hormones that you can get without a doctor's prescription? These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppository, or skin cream.

Variable # 79
Sas Name: NATHOR_6
Sas Label: Natural hormones in past year

Usage Notes: none
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 72,642 | 90.9% |
| 1 | Yes | 5,952 | 7.5% |
| 9 | Don't know | 789 | 1.0% |
| . | Missing | 502 | 0.6% |
| | | 79,885 | |

F146 Natural/wild yam cream

Wild yam cream

Variable # 80
Sas Name: YAMCRM_6
Sas Label: Natural/wild yam cream

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,332 | 6.7% |
| 1 | Yes | 406 | 0.5% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Natural/Wild yam pills

Wild yam pills

Variable # 81
Sas Name: YAMPLS_6
Sas Label: Natural/Wild yam pills

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,610 | 7.0% |
| 1 | Yes | 128 | 0.2% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/Progesterone cream

Progesterone cream

Variable # 82
Sas Name: PRGCRM_6
Sas Label: Natural/Progesterone cream

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,803 | 6.0% |
| 1 | Yes | 935 | 1.2% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/Progest suppositories

Progesterone suppositories

Variable # 83
Sas Name: PRGSUP_6
Sas Label: Natural/Progest suppositories

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,721 | 7.2% |
| 1 | Yes | 17 | 0.0% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/DHEA pills

DHEA (dehydroepiandrosterone pills)

Variable # 84
Sas Name: DHEAPL_6
Sas Label: Natural/DHEA pills

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,285 | 6.6% |
| 1 | Yes | 453 | 0.6% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Natural/Phytoest pills/powder

Phytoestrogen pills or powder (soy or flax)

Variable # 85
Sas Name: PHYPLS_6
Sas Label: Natural/Phytoest pills/powder

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,536 | 5.7% |
| 1 | Yes | 1,202 | 1.5% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/Phytoestrogen creams

Phytoestrogen creams (soy or flax)

Variable # 86
Sas Name: PHYCRM_6
Sas Label: Natural/Phytoestrogen creams

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,588 | 7.0% |
| 1 | Yes | 150 | 0.2% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/Phytoestrogen foods

Phytoestrogen enriched foods (tofu, soybeans)

Variable # 87
Sas Name: PHYFDS_6
Sas Label: Natural/Phytoestrogen foods

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 3,098 | 3.9% |
| 1 | Yes | 2,640 | 3.3% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Natural/Other

Other (Specify)

Variable # 88
Sas Name: NTOTHR_6
Sas Label: Natural/Other

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,233 | 5.3% |
| 1 | Yes | 1,505 | 1.9% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Natural/Don't know

Don't know

Variable # 89
Sas Name: NTDNTK_6
Sas Label: Natural/Don't know

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".
Categories: Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,568 | 7.0% |
| 1 | Yes | 170 | 0.2% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

F146 Used Fosamax or Calcitonin

In the past year, have you used Fosamax (alendronate) or Calcitonin?

Variable # 90
Sas Name: OSTPL_6
Sas Label: Used prescription osteoporosis medication

Usage Notes: none
Categories: Medical History: Medications

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 63,833 | 79.9% |
| 1 | Yes | 14,840 | 18.6% |
| 9 | Don't know | 618 | 0.8% |
| . | Missing | 594 | 0.7% |
| | | 79,885 | |

F146 Alendronate (Fosamax)

Alendronate (Fosamax)

Variable # 91
Sas Name: OSTALND_6
Sas Label: Alendronate (Fosamax)

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".
Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 1,779 | 2.2% |
| 1 | Yes | 12,859 | 16.1% |
| . | Missing | 65,247 | 81.7% |
| | | 79,885 | |

F146 Calcitonin (Miacalcin)

Calcitonin (Miacalcin)

Variable # 92
Sas Name: OSTCALC_6
Sas Label: Calcitonin (Miacalcin)

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".
Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 12,975 | 16.2% |
| 1 | Yes | 1,663 | 2.1% |
| . | Missing | 65,247 | 81.7% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Don't know whether Fosamax or Calcitonin

Don't know

Variable # 93

Sas Name: OSTUNTK_6

Sas Label: Don't know what kind of osteoporosis medication

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".

Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 14,106 | 17.7% |
| 1 | Yes | 532 | 0.7% |
| . | Missing | 65,247 | 81.7% |
| | | 79,885 | |

F146 Use non-estrogen prescription

In the past year, did you use any non-estrogen prescription treatments for hormone replacement? These may be prescribed to prevent osteoporosis and breast cancer and are sometimes called "designer estrogens" or selective estrogen receptor modulators (SERMs). Examples are Evista (Raloxifene) and Nolvadex (Tamoxifen).

Variable # 94

Sas Name: SRM_6

Sas Label: Use non-estrogen prescription

Usage Notes: none

Categories: Medical History: Medications

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 72,444 | 90.7% |
| 1 | Yes | 6,167 | 7.7% |
| 9 | Don't know | 647 | 0.8% |
| . | Missing | 627 | 0.8% |
| | | 79,885 | |

F146 Non-estrogen rx/Evista (Raloxifene)

Evista (Raloxifene)

Variable # 95

Sas Name: SRMEVST_6

Sas Label: Non-estrogen rx/Evista (Raloxifene)

Usage Notes: Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".

Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 1,819 | 2.3% |
| 1 | Yes | 4,170 | 5.2% |
| . | Missing | 73,896 | 92.5% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Non-estrogen rx/Nolvadex (Tamoxifen)

Nolvadex (Tamoxifen)

Variable # 96
Sas Name: SRMNOLU_6
Sas Label: Non-estrogen rx/Nolvadex (Tamoxifen)

Usage Notes: Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".
Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,703 | 5.9% |
| 1 | Yes | 1,286 | 1.6% |
| . | Missing | 73,896 | 92.5% |
| | | 79,885 | |

F146 Non-estrogen rx/Other

Other (Specify)

Variable # 97
Sas Name: SRMOTHR_6
Sas Label: Non-estrogen rx/Other

Usage Notes: Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".
Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,432 | 6.8% |
| 1 | Yes | 557 | 0.7% |
| . | Missing | 73,896 | 92.5% |
| | | 79,885 | |

F146 Non-estrogen rx/Don't know

Don't know

Variable # 98
Sas Name: SRMDNTK_6
Sas Label: Non-estrogen rx/Don't know

Usage Notes: Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".
Categories: Medical History: Medications

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,892 | 7.4% |
| 1 | Yes | 97 | 0.1% |
| . | Missing | 73,896 | 92.5% |
| | | 79,885 | |

F146 Used female hormones/past year

In the past year, did you use any female hormones (ESTROGEN or PROGESTERONE [also called PROGESTIN] that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shots, or vaginal cream or suppository.)

Variable # 99
Sas Name: HRPST1YR_6
Sas Label: Used female hormones/past year

Usage Notes: none
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 47,531 | 59.5% |
| 1 | Yes | 31,044 | 38.9% |
| 9 | Don't know | 541 | 0.7% |
| . | Missing | 769 | 1.0% |
| | | 79,885 | |

**F146 Comb estr/progest pills/patch**

In the past year, did you use female hormone PILLS or PATCHES prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill, patch, or package (for example, Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 100**Sas Name:** EPPLPA_6**Sas Label:** Comb estr/progest pills/patch**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 24,074 | 30.1% |
| 1 | Yes | 6,139 | 7.7% |
| 9 | Don't know | 618 | 0.8% |
| . | Missing | 49,054 | 61.4% |
| | | 79,885 | |

F146 Months comb estr/progesterone

In the past year, how many months did you use COMBINED female hormone PILLS or PATCH which contained both ESTROGEN and PROGESTIN?

Variable # 101**Sas Name:** EPDUR_6**Sas Label:** Months comb estr/progesterone**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q27 "Comb estr/progest pills/patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 140 | 0.2% |
| 2 | 1-6 months | 1,113 | 1.4% |
| 3 | 7-10 months | 771 | 1.0% |
| 4 | 11-12 months | 3,971 | 5.0% |
| . | Missing | 73,890 | 92.5% |
| | | 79,885 | |

F146 Which estr/progest combination

Which combination did you use the longest?

Variable # 102**Sas Name:** EPTYPE_6**Sas Label:** Which estr/progest combination**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q27 "Comb estr/progest pills/patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------------|--------|-------|
| 1 | Prempro | 4,715 | 5.9% |
| 2 | CombiPatch | 190 | 0.2% |
| 3 | Premphase | 98 | 0.1% |
| 8 | Other (Specify): | 709 | 0.9% |
| . | Missing | 74,173 | 92.8% |
| | | 79,885 | |

**F146 Combined estr/testost pills**

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 103**Sas Name:** ETPL_6**Sas Label:** Combined estr/testost pills**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 28,776 | 36.0% |
| 1 | Yes | 1,200 | 1.5% |
| 9 | Don't know | 776 | 1.0% |
| . | Missing | 49,133 | 61.5% |
| | | 79,885 | |

F146 Months used estr/testost pills

In the past year, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and TESTOSTERONE?

Variable # 104**Sas Name:** ETDUR_6**Sas Label:** Months used estr/testost pills**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q28 "Combined estr/testost pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 62 | 0.1% |
| 2 | 1-6 months | 243 | 0.3% |
| 3 | 7-10 months | 111 | 0.1% |
| 4 | 11-12 months | 750 | 0.9% |
| . | Missing | 78,719 | 98.5% |
| | | 79,885 | |

F146 Estr/testost pill used longest

In the past year, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 105**Sas Name:** ETTYPE_6**Sas Label:** Estr/testost pill used longest**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q28 "Combined estr/testost pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|------------------|--------|-------|
| 1 | Estratest | 525 | 0.7% |
| 2 | Estratest HS | 350 | 0.4% |
| 8 | Other (Specify): | 159 | 0.2% |
| 9 | Don't know | 84 | 0.1% |
| . | Missing | 78,767 | 98.6% |
| | | 79,885 | |



F146 Estrogen pill,patch,cream,shot

In the past year, did you use any ESTROGEN pill, patch, cream or shots (other than the combination described in Qxs 27 and 28)?

| | | | |
|------------|--------------------------------|--------|-------|
| Variable # | 106 | | |
| Sas Name: | E_6 | | |
| Sas Label: | Estrogen pill,patch,cream,shot | | |
| Values | | N | % |
| 0 | No | 7,772 | 9.7% |
| 1 | Yes | 21,783 | 27.3% |
| 9 | Don't know | 189 | 0.2% |
| . | Missing | 50,141 | 62.8% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Did you use any Estrogen pill

Did you use an estrogen pill?

| | | | |
|------------|-------------------------------|--------|-------|
| Variable # | 107 | | |
| Sas Name: | EPL_6 | | |
| Sas Label: | Did you use any Estrogen pill | | |
| Values | | N | % |
| 0 | No | 3,720 | 4.7% |
| 1 | Yes | 16,884 | 21.1% |
| . | Missing | 59,281 | 74.2% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Months used estrogen pills

For how many months did you use the Estrogen pills?

| | | | |
|------------|----------------------------|--------|-------|
| Variable # | 108 | | |
| Sas Name: | EPLDUR_6 | | |
| Sas Label: | Months used estrogen pills | | |
| Values | | N | % |
| 1 | Less than 1 month | 106 | 0.1% |
| 2 | 1-6 months | 1,591 | 2.0% |
| 3 | 7-10 months | 1,220 | 1.5% |
| 4 | 11-12 months | 13,454 | 16.8% |
| . | Missing | 63,514 | 79.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.1 "Did you use any Estrogen pill".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Kind of estrogen pills

What kind did you take? (Mark the one used the longest if you used more than one kind.)

Variable # 109
Sas Name: EPLTYPE_6
Sas Label: Kind of estrogen pills

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.1 "Did you use any Estrogen pill".

| Values | | N | % |
|--------|---|--------|-------|
| 1 | Premarin or conjugated equine estrogens | 12,441 | 15.6% |
| 2 | Estrace or estradiol | 2,502 | 3.1% |
| 3 | Ogen or estropipate | 762 | 1.0% |
| 4 | Estratab or esterified estrogens | 198 | 0.2% |
| 8 | Other (Specify): | 640 | 0.8% |
| 9 | Don't know | 110 | 0.1% |
| . | Missing | 63,232 | 79.2% |
| | | 79,885 | |

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Did you use an estrogen patch?

Did you use an estrogen patch?

Variable # 110
Sas Name: EPCH_6
Sas Label: Did you use an estrogen patch?

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
On forms 143-145 this variable reflects estrogen use with or without progesterone.

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 19,326 | 24.2% |
| 1 | Yes | 1,824 | 2.3% |
| . | Missing | 58,735 | 73.5% |
| | | 79,885 | |

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 How many months used patch?

For how many months did you use the patch?

Variable # 111
Sas Name: EPCHDUR_6
Sas Label: How many months used patch?

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.4 "Did you use an estrogen patch?".

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 70 | 0.1% |
| 2 | 1-6 months | 270 | 0.3% |
| 3 | 7-10 months | 144 | 0.2% |
| 4 | 11-12 months | 1,318 | 1.6% |
| . | Missing | 78,083 | 97.7% |
| | | 79,885 | |

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Did you use an estrogen cream?

Did you use an estrogen cream?

Variable # 112

Sas Name: ECRM_6

Sas Label: Did you use an estrogen cream?

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 17,579 | 22.0% |
| 1 | Yes | 3,567 | 4.5% |
| . | Missing | 58,739 | 73.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 How many months used cream?

For how many months did you use the cream?

Variable # 113

Sas Name: ECRMDUR_6

Sas Label: How many months used cream?

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 734 | 0.9% |
| 2 | 1-6 months | 926 | 1.2% |
| 3 | 7-10 months | 339 | 0.4% |
| 4 | 11-12 months | 1,521 | 1.9% |
| . | Missing | 76,365 | 95.6% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.6 "Did you use an estrogen cream?".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Estrogen shots

Did you have estrogen shots?

Variable # 114

Sas Name: ESHT_6

Sas Label: Estrogen shots

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 20,999 | 26.3% |
| 1 | Yes | 89 | 0.1% |
| . | Missing | 58,797 | 73.6% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Months took estrogen shots

For how many months did you have the shots?

Variable # 115
Sas Name: ESHTDUR_6
Sas Label: Months took estrogen shots

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 5 | 0.0% |
| 2 | 1-6 months | 17 | 0.0% |
| 3 | 7-10 months | 5 | 0.0% |
| 4 | 11-12 months | 58 | 0.1% |
| . | Missing | 79,800 | 99.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.8 "Estrogen shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Progesterone pill, cream shot

In the past year, did you use any PROGESTERONE or PROGESTIN pill, cream, or shots (other than the combinations described in Question 27)?

Variable # 116
Sas Name: P_6
Sas Label: Progesterone pill, cream shot

| Values | | N | % |
|--------|------------|--------|-------|
| 0 | No | 24,062 | 30.1% |
| 1 | Yes | 5,959 | 7.5% |
| 9 | Don't know | 437 | 0.5% |
| . | Missing | 49,427 | 61.9% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Progesterone pill or capsule

Did you use a progesterone or progestin pill or capsule?

Variable # 117
Sas Name: PPL_6
Sas Label: Progesterone pill or capsule

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 519 | 0.6% |
| 1 | Yes | 4,865 | 6.1% |
| . | Missing | 74,501 | 93.3% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F146 Months progesterone pill/ caps**

For how many months did you use the pill or capsule?

Variable # 118**Sas Name:** PPLDUR_6**Sas Label:** Months progesterone pill/ caps

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 85 | 0.1% |
| 2 | 1-6 months | 787 | 1.0% |
| 3 | 7-10 months | 508 | 0.6% |
| 4 | 11-12 months | 3,388 | 4.2% |
| . | Missing | 75,117 | 94.0% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Kind of progesterone**

What kind did you take (Mark the one used the longest if you used more than one kind)?

Variable # 119**Sas Name:** PPLTYPE_6**Sas Label:** Kind of progesterone

| Values | | N | % |
|--------|---|--------|-------|
| 1 | Provera,Cycrin,Amen,Medroxyprog estrone | 3,870 | 4.8% |
| 3 | Prometrium | 595 | 0.7% |
| 8 | Other (Specify): | 193 | 0.2% |
| 9 | Don't know | 96 | 0.1% |
| . | Missing | 75,131 | 94.0% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Progest pills days per month**

How many days per month did you use it?

Variable # 120**Sas Name:** PPLDAY_6**Sas Label:** Progest pills days per month

| Values | | N | % |
|--------|-----------------|--------|-------|
| 1 | Less than 1 day | 14 | 0.0% |
| 2 | 1-9 days | 204 | 0.3% |
| 3 | 10-12 days | 716 | 0.9% |
| 4 | 13-18 days | 278 | 0.3% |
| 5 | 19-27 days | 311 | 0.4% |
| 6 | 28 or more days | 2,832 | 3.5% |
| . | Missing | 75,530 | 94.5% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F146 Progesterone/Progestin cream**

Did you use a progesterone or progestin cream?

Variable # 121**Sas Name:** PCRM_6**Sas Label:** Progesterone/Progestin cream

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,206 | 6.5% |
| 1 | Yes | 556 | 0.7% |
| . | Missing | 74,123 | 92.8% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past

year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Months used progesterone cream**

For how many months did you use progesterone or progestin cream?

Variable # 122**Sas Name:** PCRMDUR_6**Sas Label:** Months used progesterone cream

| Values | | N | % |
|--------|-------------------|--------|-------|
| 1 | Less than 1 month | 75 | 0.1% |
| 2 | 1-6 months | 164 | 0.2% |
| 3 | 7-10 months | 55 | 0.1% |
| 4 | 11-12 months | 255 | 0.3% |
| . | Missing | 79,336 | 99.3% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past

year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.5 "Progesterone/Progestin cream".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Have progesterone shots**

Did you have progesterone or progestin shots?

Variable # 123**Sas Name:** PSHT_6**Sas Label:** Have progesterone shots

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 5,715 | 7.2% |
| 1 | Yes | 23 | 0.0% |
| . | Missing | 74,147 | 92.8% |
| | | 79,885 | |

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past

year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Months used progesterone shots

For how many months did you have progesterone or progestin shots

Variable # 124
Sas Name: PSHTDUR_6
Sas Label: Months used progesterone shots

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Sub-question of F146 V1 Q30.7 "Have progesterone shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

| Values | | N | % |
|--------|-------------------|--------|--------|
| 1 | Less than 1 month | 2 | 0.0% |
| 2 | 1-6 months | 4 | 0.0% |
| 3 | 7-10 months | 3 | 0.0% |
| 4 | 11-12 months | 12 | 0.0% |
| . | Missing | 79,864 | 100.0% |
| | | 79,885 | |

F146 Cataract(s)

Cataracts(s)

Variable # 125
Sas Name: CATARACT_6
Sas Label: Cataract(s)

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 58,792 | 73.6% |
| 1 | Yes | 19,384 | 24.3% |
| . | Missing | 1,709 | 2.1% |
| | | 79,885 | |

F146 Macular degeneration of retina

Macular degeneration of the retina

Variable # 126
Sas Name: MACDEGNR_6
Sas Label: Macular degeneration of retina

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 73,513 | 92.0% |
| 1 | Yes | 3,777 | 4.7% |
| . | Missing | 2,595 | 3.2% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Asthma

Asthma

Variable # 127

Sas Name: ASTHMA_6

Sas Label: Asthma

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | N | % |
|-----------|--------|-------|
| 0 No | 72,405 | 90.6% |
| 1 Yes | 4,733 | 5.9% |
| . Missing | 2,747 | 3.4% |
| | 79,885 | |

F146 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 128

Sas Name: EMPHYSEM_6

Sas Label: Emphysema / chronic bronchitis

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | N | % |
|-----------|--------|-------|
| 0 No | 74,478 | 93.2% |
| 1 Yes | 2,655 | 3.3% |
| . Missing | 2,752 | 3.4% |
| | 79,885 | |

F146 Heart Failure

Heart failure or congestive heart failure

Variable # 129

Sas Name: CHF_6

Sas Label: Heart Failure

Usage Notes: none

Categories: Medical History: Cardiovascular

| Values | N | % |
|-----------|--------|-------|
| 0 No | 75,494 | 94.5% |
| 1 Yes | 1,528 | 1.9% |
| . Missing | 2,863 | 3.6% |
| | 79,885 | |

F146 Angina

Angina (chest pains from the heart)

Variable # 130

Sas Name: ANGINA_6

Sas Label: Angina

Usage Notes: none

Categories: Medical History: Cardiovascular

| Values | N | % |
|-----------|--------|-------|
| 0 No | 74,708 | 93.5% |
| 1 Yes | 2,416 | 3.0% |
| . Missing | 2,761 | 3.5% |
| | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Atrial fibrillation

Atrial fibrillation

Variable # 131

Sas Name: ATRIALFB_6

Sas Label: Atrial fibrillation

Usage Notes: none

Categories: Medical History: Cardiovascular

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 73,973 | 92.6% |
| 1 | Yes | 2,976 | 3.7% |
| . | Missing | 2,936 | 3.7% |
| | | 79,885 | |

F146 Kidney or bladder stones

Kidney or bladder stones (renal or urinary calculi)

Variable # 132

Sas Name: KIDNEYST_6

Sas Label: Kidney or bladder stones

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,274 | 95.5% |
| 1 | Yes | 786 | 1.0% |
| . | Missing | 2,825 | 3.5% |
| | | 79,885 | |

F146 Dialysis for kidney failure

Dialysis for kidney or renal failure

Variable # 133

Sas Name: KIDDIALY_6

Sas Label: Dialysis for kidney failure

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,813 | 96.2% |
| 1 | Yes | 166 | 0.2% |
| . | Missing | 2,906 | 3.6% |
| | | 79,885 | |

F146 Stomach or duodenal ulcer

Stomach or duodenal ulcer

Variable # 134

Sas Name: STOMULCR_6

Sas Label: Stomach or duodenal ulcer

Usage Notes: none

Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 75,829 | 94.9% |
| 1 | Yes | 1,190 | 1.5% |
| . | Missing | 2,866 | 3.6% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Diverticulitis

Diverticulitis

Variable # 135
Sas Name: DIVERTIC_6
Sas Label: Diverticulitis

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 71,936 | 90.0% |
| 1 | Yes | 5,124 | 6.4% |
| . | Missing | 2,825 | 3.5% |
| | | 79,885 | |

F146 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable # 136
Sas Name: PANCREAT_6
Sas Label: Pancreatitis

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,610 | 95.9% |
| 1 | Yes | 289 | 0.4% |
| . | Missing | 2,986 | 3.7% |
| | | 79,885 | |

F146 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable # 137
Sas Name: LIVRDIS_6
Sas Label: Liver disease

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,560 | 95.8% |
| 1 | Yes | 368 | 0.5% |
| . | Missing | 2,957 | 3.7% |
| | | 79,885 | |

F146 Overactive thyroid

Overactive thyroid

Variable # 138
Sas Name: OVRTHY_6
Sas Label: Overactive thyroid

Usage Notes: none
Categories: Medical History: Thyroid

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 75,662 | 94.7% |
| 1 | Yes | 1,063 | 1.3% |
| . | Missing | 3,160 | 4.0% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Underactive thyroid

Underactive thyroid

Variable # 139
Sas Name: UNDTHY_6
Sas Label: Underactive thyroid

Usage Notes: none
Categories: Medical History: Thyroid

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 68,609 | 85.9% |
| 1 | Yes | 8,335 | 10.4% |
| . | Missing | 2,941 | 3.7% |
| | | 79,885 | |

F146 Alzheimer's disease

Alzheimer's disease

Variable # 140
Sas Name: ALZHEIM_6
Sas Label: Alzheimer's disease

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,605 | 95.9% |
| 1 | Yes | 316 | 0.4% |
| . | Missing | 2,964 | 3.7% |
| | | 79,885 | |

F146 Multiple sclerosis

Multiple sclerosis

Variable # 141
Sas Name: MS_6
Sas Label: Multiple sclerosis

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,648 | 95.9% |
| 1 | Yes | 165 | 0.2% |
| . | Missing | 3,072 | 3.8% |
| | | 79,885 | |

F146 Parkinson's disease

Parkinson's disease

Variable # 142
Sas Name: PARKINS_6
Sas Label: Parkinson's disease

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,460 | 95.7% |
| 1 | Yes | 369 | 0.5% |
| . | Missing | 3,056 | 3.8% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 ALS/Lou gehrig's disease

Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

Variable # 143
Sas Name: ALS_6
Sas Label: ALS/Lou gehrig's disease

Usage Notes: none
Categories: Medical History: Other Disease/Condition

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,395 | 95.6% |
| 1 | Yes | 91 | 0.1% |
| . | Missing | 3,399 | 4.3% |
| | | 79,885 | |

F146 Family members with Alzheimer's

Has any member of your biological family (mother, father, sister, or brother) been diagnosed with Alzheimer's disease or senile dementia?

Variable # 144
Sas Name: ALZREL_6
Sas Label: Family members with Alzheimer's

Usage Notes: none
Categories: Family: Family Medical History
Medical History: Family Medical History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 65,097 | 81.5% |
| 1 | Yes | 13,728 | 17.2% |
| . | Missing | 1,060 | 1.3% |
| | | 79,885 | |

F146 Alzhemiers Mother

Mother

Variable # 145
Sas Name: ALZMOM_6
Sas Label: Alzhemiers Mother

Usage Notes: Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Categories: Family: Family Medical History
Medical History: Family Medical History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 4,820 | 6.0% |
| 1 | Yes | 8,847 | 11.1% |
| . | Missing | 66,218 | 82.9% |
| | | 79,885 | |

F146 Alzhemiers Father

Father

Variable # 146
Sas Name: ALZDAD_6
Sas Label: Alzhemiers Father

Usage Notes: Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Categories: Family: Family Medical History
Medical History: Family Medical History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 10,490 | 13.1% |
| 1 | Yes | 3,177 | 4.0% |
| . | Missing | 66,218 | 82.9% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Alzhemiers brother

Any brother

Variable # 147
Sas Name: ALZBRO_6
Sas Label: Alzhemiers brother

Usage Notes: Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Categories: Family: Family Medical History
Medical History: Family Medical History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 12,726 | 15.9% |
| 1 | Yes | 941 | 1.2% |
| . | Missing | 66,218 | 82.9% |
| | | 79,885 | |

F146 Alzhemiers sister

Any sister

Variable # 148
Sas Name: ALZSIS_6
Sas Label: Alzhemiers sister

Usage Notes: Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Categories: Family: Family Medical History
Medical History: Family Medical History

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 11,944 | 15.0% |
| 1 | Yes | 1,723 | 2.2% |
| . | Missing | 66,218 | 82.9% |
| | | 79,885 | |

F146 Current job - not working

Current job - Not working

Variable # 149
Sas Name: NOTWRK_6
Sas Label: Current job - not working

Usage Notes: none
Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 70,285 | 88.0% |
| 1 | Yes | 9,008 | 11.3% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |

F146 Current job - retired

Current job - Retired

Variable # 150
Sas Name: RETIRED_6
Sas Label: Current job - retired

Usage Notes: none
Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 25,934 | 32.5% |
| 1 | Yes | 53,359 | 66.8% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Current job - homemaker

Current job - Homemaker, raising children, care of others

Variable # 151

Sas Name: HOMEMKR_6

Sas Label: Current job - homemaker

Usage Notes: none

Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 74,786 | 93.6% |
| 1 | Yes | 4,507 | 5.6% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |

F146 Current job - employed

Current job - Employed (full or part-time)

Variable # 152

Sas Name: EMPLOYED_6

Sas Label: Current job - employed

Usage Notes: none

Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 59,956 | 75.1% |
| 1 | Yes | 19,337 | 24.2% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |

F146 Current job - disabled

Current job - Disabled, unable to work

Variable # 153

Sas Name: DISABLED_6

Sas Label: Current job - disabled

Usage Notes: none

Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 77,430 | 96.9% |
| 1 | Yes | 1,863 | 2.3% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |

F146 Current job - other

Current job - Other (Specify)

Variable # 154

Sas Name: OTHWRK_6

Sas Label: Current job - other

Usage Notes: none

Categories: Demographic: Work
Lifestyle: Work

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 75,004 | 93.9% |
| 1 | Yes | 4,289 | 5.4% |
| . | Missing | 592 | 0.7% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Current marital status

What is your current marital status? (Mark the one that best describes you.)

Variable # 155

Sas Name: MARITAL_6

Sas Label: Current marital status

Usage Notes: none

Categories: Demographic

| Values | | N | % |
|--------|--|--------|-------|
| 1 | Never married | 3,647 | 4.6% |
| 2 | Divorced or separated | 11,238 | 14.1% |
| 3 | Widowed | 18,472 | 23.1% |
| 4 | Presently married | 44,281 | 55.4% |
| 5 | Living in a marriage like relationship | 1,780 | 2.2% |
| . | Missing | 467 | 0.6% |
| | | 79,885 | |

F146 Husband job - not working

Husband/partner job - Not working

Variable # 156

Sas Name: PNOTWRK_6

Sas Label: Husband job - not working

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 43,191 | 54.1% |
| 1 | Yes | 1,892 | 2.4% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |

F146 Husband job - retired

Husband/partner job - Retired

Variable # 157

Sas Name: PRETIRED_6

Sas Label: Husband job - retired

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 11,093 | 13.9% |
| 1 | Yes | 33,990 | 42.5% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Husband job - homemaker

Husband/partner job - Homemaker, raising children, care of others

Variable # 158

Sas Name: PHOMEMKR_6

Sas Label: Husband job - homemaker

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 44,878 | 56.2% |
| 1 | Yes | 205 | 0.3% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |

F146 Husband job - employed

Husband/partner job - Employed (full or part-time)

Variable # 159

Sas Name: PEMPLOY_6

Sas Label: Husband job - employed

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 33,458 | 41.9% |
| 1 | Yes | 11,625 | 14.6% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |

F146 Husband job - disabled

Husband/partner job - Disabled, unable to work

Variable # 160

Sas Name: PDISABLE_6

Sas Label: Husband job - disabled

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 43,744 | 54.8% |
| 1 | Yes | 1,339 | 1.7% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |

F146 Husband job - other

Husband/partner job - Other (Specify)

Variable # 161

Sas Name: POTHWRK_6

Sas Label: Husband job - other

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 43,706 | 54.7% |
| 1 | Yes | 1,377 | 1.7% |
| . | Missing | 34,802 | 43.6% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 How many people in household

How many people, including yourself, live in your household as members of your family (whom you support or who contribute to supporting your family)?

Variable # 162

Sas Name: HSHLDALL_6

Sas Label: How many people in household

Usage Notes: none

Categories: Demographic

| Values | | N | % |
|--------|--------------|--------|-------|
| 1 | One | 29,489 | 36.9% |
| 2 | Two | 42,575 | 53.3% |
| 3 | Three | 4,066 | 5.1% |
| 4 | Four | 1,068 | 1.3% |
| 5 | Five or more | 815 | 1.0% |
| . | Missing | 1,872 | 2.3% |
| | | 79,885 | |

F146 How many under 18 years in household

How many of these people are under 18 years old?

Variable # 163

Sas Name: HSHLDLS18_6

Sas Label: How many under 18 years in household

Usage Notes: none

Categories: Demographic

| Values | | N | % |
|--------|--------------|--------|-------|
| 0 | None | 75,287 | 94.2% |
| 1 | One | 1,352 | 1.7% |
| 2 | Two | 645 | 0.8% |
| 3 | Three | 206 | 0.3% |
| 4 | Four | 54 | 0.1% |
| 5 | Five or more | 26 | 0.0% |
| . | Missing | 2,315 | 2.9% |
| | | 79,885 | |

F146 How many between 18-64 years in household

How many are between 18 and 64 years old (including yourself)?

Variable # 164

Sas Name: HSHLD1864

Sas Label: How many betw 18-64 years in household

Usage Notes: none

Categories: Demographic

| Values | | N | % |
|--------|--------------|--------|-------|
| 0 | None | 49,786 | 62.3% |
| 1 | One | 14,808 | 18.5% |
| 2 | Two | 10,369 | 13.0% |
| 3 | Three | 1,744 | 2.2% |
| 4 | Four | 387 | 0.5% |
| 5 | Five or more | 138 | 0.2% |
| . | Missing | 2,653 | 3.3% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 How many 65 yrs and older in household

How many are 65 years or older (including yourself)?

Variable # 165

Sas Name: HSHLDGR65

Sas Label: How many 65 yrs and older in household

Usage Notes: none

Categories: Demographic

| Values | | N | % |
|--------|--------------|--------|-------|
| 0 | None | 15,747 | 19.7% |
| 1 | One | 32,133 | 40.2% |
| 2 | Two | 29,844 | 37.4% |
| 3 | Three | 286 | 0.4% |
| 4 | Four | 23 | 0.0% |
| 5 | Five or more | 72 | 0.1% |
| . | Missing | 1,780 | 2.2% |
| | | 79,885 | |

F146 Total family income

What was the total family income (before taxes) from all sources within your household (including paychecks, social security, retirement income, and public assistance) in the last year? (Mark the one that is your best guess.)

Variable # 166

Sas Name: INCOME_6

Sas Label: Total family income

Usage Notes: none

Categories: Demographic
Family: Spouse/Partner Demographics

| Values | | N | % |
|--------|------------------------|--------|-------|
| 1 | Less than \$7000 | 788 | 1.0% |
| 2 | \$7000 to \$9,999 | 1,290 | 1.6% |
| 3 | \$10,000 to \$11,999 | 1,456 | 1.8% |
| 4 | \$12,000 to \$15,999 | 3,248 | 4.1% |
| 5 | \$16,000 to \$19,999 | 2,937 | 3.7% |
| 6 | \$20,000 to \$24,999 | 5,064 | 6.3% |
| 7 | \$25,000 to \$29,999 | 4,903 | 6.1% |
| 8 | \$30,000 to \$34,999 | 6,314 | 7.9% |
| 9 | \$35,000 to \$49,999 | 11,934 | 14.9% |
| 10 | \$50,000 to \$74,999 | 13,449 | 16.8% |
| 11 | \$75,000 to \$99,999 | 6,860 | 8.6% |
| 12 | \$100,000 to \$149,999 | 5,339 | 6.7% |
| 13 | \$150,000 or more | 3,672 | 4.6% |
| 99 | Don't know | 5,830 | 7.3% |
| . | Missing | 6,801 | 8.5% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How long maintain standard of living

If you lost the sources of household income listed in Question 36, how long could you continue to live at your current address and standard of living? (Mark the one that is your best guess.)

Variable # 167
Sas Name: STNDLIVG_6
Sas Label: How long maintain standard of living

Usage Notes: none
Categories: Lifestyle: Standard of Living

| Values | N | % |
|---------------------|--------|-------|
| 1 Less than 1 month | 4,535 | 5.7% |
| 2 1 to 2 months | 5,227 | 6.5% |
| 3 3 to 6 months | 7,941 | 9.9% |
| 4 7 to 12 months | 7,808 | 9.8% |
| 5 more than 1 year | 46,738 | 58.5% |
| . Missing | 7,636 | 9.6% |
| | 79,885 | |

F146 Total family savings

Altogether, what is your current total family savings, assets, retirement and pensions plans, and property from all sources within your household? (Include the total value of your home and car(s) minus the amounts still owed.) (Mark the one that is your best guess.)

Variable # 168
Sas Name: FAMSAVNG_6
Sas Label: Total family savings

Usage Notes: none
Categories: Demographic
Lifestyle: Standard of Living

| Values | N | % |
|--------------------------|--------|-------|
| 1 Less than \$500 | 1,290 | 1.6% |
| 2 \$500 to \$4,999 | 1,288 | 1.6% |
| 3 \$5,000 to \$9,999 | 862 | 1.1% |
| 4 \$10,000 to \$24,999 | 1,647 | 2.1% |
| 5 \$25,000 to \$49,999 | 2,421 | 3.0% |
| 6 \$50,000 to \$99,999 | 4,876 | 6.1% |
| 7 \$100,000 to \$199,999 | 8,135 | 10.2% |
| 8 \$200,000 to \$499,999 | 15,558 | 19.5% |
| 9 \$500,000 or more | 21,678 | 27.1% |
| 99 Don't know | 13,155 | 16.5% |
| . Missing | 8,975 | 11.2% |
| | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Total family debt

What is the total family debt within your household from such things as credit card charges, medical or legal bills, and loans from banks or relatives? (Do not include mortgage or car loans. (Mark the one that is your best guess.)

| Variable # 169 | | Usage Notes: none | |
|-------------------------------------|----------------------|--------------------------------|-------|
| Sas Name: FAMDEBT_6 | | Categories: Demographic | |
| Sas Label: Total family debt | | Lifestyle: Standard of Living | |
| Values | | N | % |
| 1 | Less than \$2,000 | 46,653 | 58.4% |
| 2 | \$2,000 to \$4,999 | 6,702 | 8.4% |
| 3 | \$5,000 to \$9,999 | 3,773 | 4.7% |
| 4 | \$10,000 to \$19,999 | 3,480 | 4.4% |
| 5 | \$20,000 to \$49,999 | 3,024 | 3.8% |
| 6 | \$50,000 to \$99,999 | 1,148 | 1.4% |
| 7 | \$100,000 or greater | 929 | 1.2% |
| 9 | Don't know | 7,280 | 9.1% |
| . | Missing | 6,896 | 8.6% |
| | | 79,885 | |

F146 Hard time making ends meet 1 year ago

1 year ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

| Variable # 170 | | Usage Notes: none | |
|---|---------|--|-------|
| Sas Name: HRDTM1YR_6 | | Categories: Lifestyle: Standard of Living | |
| Sas Label: Hard time making ends meet 1 year ago | | | |
| Values | | N | % |
| 0 | No | 70,864 | 88.7% |
| 1 | Yes | 5,635 | 7.1% |
| . | Missing | 3,386 | 4.2% |
| | | 79,885 | |

F146 Hard time making ends meet 2 years ago

2 years ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

| Variable # 171 | | Usage Notes: none | |
|--|---------|--|-------|
| Sas Name: HRDTM2YR_6 | | Categories: Lifestyle: Standard of Living | |
| Sas Label: Hard time making ends meet 2 years ago | | | |
| Values | | N | % |
| 0 | No | 68,179 | 85.3% |
| 1 | Yes | 4,141 | 5.2% |
| . | Missing | 7,565 | 9.5% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Hard time making ends meet 3 years ago

3 years ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

Variable # 172

Sas Name: HRDTM3YR_6

Sas Label: Hard time making ends meet 3 years ago

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 68,390 | 85.6% |
| 1 | Yes | 4,185 | 5.2% |
| . | Missing | 7,310 | 9.2% |
| | | 79,885 | |

F146 Finances 1 year ago

Compared to this year, were your finances better off, the same, or worse off 1 year ago?

Variable # 173

Sas Name: FINAN1YR_6

Sas Label: Finances 1 year ago

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------------------|--------|-------|
| 1 | Better off than now | 16,637 | 20.8% |
| 2 | The same as now | 51,387 | 64.3% |
| 3 | Worse off than now | 7,818 | 9.8% |
| . | Missing | 4,043 | 5.1% |
| | | 79,885 | |

F146 Finances 2 years ago

Compared to this year, were your finances better off, the same, or worse off 2 years ago?

Variable # 174

Sas Name: FINAN2YR_6

Sas Label: Finances 2 years ago

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------------------|--------|-------|
| 1 | Better off than now | 18,911 | 23.7% |
| 2 | The same as now | 46,426 | 58.1% |
| 3 | Worse off than now | 7,295 | 9.1% |
| . | Missing | 7,253 | 9.1% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Finances 3 years ago

Compared to this year, were your finances better off, the same, or worse off 3 years ago?

Variable # 175

Sas Name: FINAN3YR_6

Sas Label: Finances 3 years ago

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------------------|--------|-------|
| 1 | Better off than now | 22,576 | 28.3% |
| 2 | The same as now | 42,129 | 52.7% |
| 3 | Worse off than now | 8,270 | 10.4% |
| . | Missing | 6,910 | 8.6% |
| | | 79,885 | |

F146 Food eaten in household

Which one of these statements best describes the food eaten in your household in the last year?

Variable # 176

Sas Name: HHOLDFD_6

Sas Label: Food eaten in household

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|--|--------|-------|
| 1 | Enough to eat of desired kind | 73,803 | 92.4% |
| 2 | Enough to eat not always of desired kind | 4,254 | 5.3% |
| 3 | Sometimes did not have enough food | 230 | 0.3% |
| 4 | Often did not have enough food to eat | 68 | 0.1% |
| . | Missing | 1,530 | 1.9% |
| | | 79,885 | |

F146 Food assistance - None

Food program - None

Variable # 177

Sas Name: FDASSTNO_6

Sas Label: Food assistance - None

Usage Notes: none

Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 3,131 | 3.9% |
| 1 | Yes | 74,696 | 93.5% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |

**F146 Food assistance - Meals on Wheels**

Food program - Meals on Wheels

Variable # 178

Usage Notes: none

Sas Name: FDASSTMW_6

Categories: Lifestyle: Standard of Living

Sas Label: Food assistance - Meals on Wheels

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 77,137 | 96.6% |
| 1 | Yes | 690 | 0.9% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |

F146 Food assistance - Free/Reduced

Food program - Free or reduced cost meals for the elderly

Variable # 179

Usage Notes: none

Sas Name: FDASSTFR_6

Categories: Lifestyle: Standard of Living

Sas Label: Food assistance - Free/Reduced

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,763 | 96.1% |
| 1 | Yes | 1,064 | 1.3% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |

F146 Food assistance - USDA

Food program - USDA or government commodity foods

Variable # 180

Usage Notes: none

Sas Name: FDASSTUS_6

Categories: Lifestyle: Standard of Living

Sas Label: Food assistance - USDA

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 77,236 | 96.7% |
| 1 | Yes | 591 | 0.7% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |

F146 Food assistance - Food Stamps

Food program - Food stamps, free or reduced cost school lunches, WIC (Women, Infant, and Children Feeding Program), or free or reduced-cost meals at day care or Head Start

Variable # 181

Usage Notes: none

Sas Name: FDASSTFS_6

Categories: Lifestyle: Standard of Living

Sas Label: Food assistance - Food Stamps

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 76,937 | 96.3% |
| 1 | Yes | 890 | 1.1% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

F146 Food assistance - Food bank

Food program - Community Food Bank or Pantry or other free food or food vouchers

Variable # 182
Sas Name: FDASSTFB_6
Sas Label: Food assistance - Food bank

Usage Notes: none
Categories: Lifestyle: Standard of Living

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 77,110 | 96.5% |
| 1 | Yes | 717 | 0.9% |
| . | Missing | 2,058 | 2.6% |
| | | 79,885 | |

F146 Language

Language

Variable # 183
Sas Name: F146LANG
Sas Label: Language

Usage Notes: none
Categories: Study: Administration

| Values | | N | % |
|--------|---------|--------|-------|
| 1 | English | 79,279 | 99.2% |
| 2 | Spanish | 398 | 0.5% |
| . | Missing | 208 | 0.3% |
| | | 79,885 | |

Recreational phys activity per week

Computed from Form 146, questions 6, 7, 8, and 9. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 184
Sas Name: TEPIWK_6
Sas Label: Recreational phys activity per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|--------|---------|
| 79763 | 0 | 25 | 5.1229 | 4.12485 |

Recr. phys activity per week >= 20 Min

Computed from Form 146, questions 6, 6.1, 7, 7.1, 8, 8.1, 9, 9.1 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

Variable # 185
Sas Name: LEPITOT_6
Sas Label: Recr. phys activity per week >= 20 Min

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|---------|---------|
| 79763 | 0 | 25 | 4.11226 | 3.95039 |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

Mod. to strenuous phys activity per week

Computed from Form 146, questions 6.2, 7, and 8 Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 186
Sas Name: MSEPIWK_6
Sas Label: Mod. to strenuous phys activity per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|---------|---------|
| 79763 | 0 | 19 | 2.73458 | 3.18441 |

Mod-stren activity > 20 min/week

Computed from Form 146, questions 6, 6.1, 6.2, 7, 7.1, 8 and 8.1. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 187
Sas Name: XLMSEPI_6
Sas Label: Mod-stren activity > 20 min/week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|---------|---------|
| 79763 | 0 | 19 | 2.30865 | 3.03938 |

Mod-stren activity >20 min/week (categ)

Computed from Form 146, questions 6, 6.1, 6.2,7, 7.1, 8, and 8.1. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).
Computed from XLMSEPI and TEPIWK.

Variable # 188
Sas Name: LMSEPI_6
Sas Label: Mod-stren activity >20 min/week (categ)

Usage Notes: none
Categories: Computed Variables
Physical Activity

| Values | N | % |
|-------------------------------------|--------|-------|
| 1 No activity | 13,129 | 16.4% |
| 2 Some activity of limited duration | 29,550 | 37.0% |
| 3 2 to <4 episodes per week | 15,520 | 19.4% |
| 4 4 episodes per week | 21,564 | 27.0% |
| . Missing | 122 | 0.2% |
| | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

Strenuous activity episodes per week

Computed from Form 146, question 7. Episodes per week of strenuous recreational physical activity.

Variable # 189
Sas Name: SEPIWK_6
Sas Label: Strenuous activity episodes per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| Values | N | % |
|--------|-----------|--------------|
| 0 | 0 | 55,099 69.0% |
| 1 | 1 | 5,197 6.5% |
| 2 | 2 | 6,888 8.6% |
| 3 | 3 | 7,953 10.0% |
| 4 | 4 | 2,209 2.8% |
| 6 | 5 or more | 2,417 3.0% |
| . | Missing | 122 0.2% |
| 79,885 | | |

Minutes of recr. phys activity per week

Computed from Form 146, questions 6, 6.1, 7, 7.1, 8, 8.1, 9, and 9.1. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 190
Sas Name: TMINWK_6
Sas Label: Minutes of recr. phys activity per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|------|-----------|-----------|
| 79763 | 0 | 1750 | 187.97638 | 184.42747 |

Minutes of mod-stren activity per week

Computed from Form 146, questions 6, 6.2, 7, and 8. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 191
Sas Name: MSMINWK_6
Sas Label: Minutes of mod-stren activity per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|------|-----------|---------|
| 79763 | 0 | 1330 | 105.56176 | 144.122 |

Minutes of stren. phys activity per week

Computed from Form 146, questions 7 and 7.1. Minutes per week of strenuous recreational physical activity.

Variable # 192
Sas Name: SMINWK_6
Sas Label: Minutes of stren. phys activity per week

Usage Notes: none
Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|----------|----------|
| 79763 | 0 | 420 | 35.71405 | 72.76875 |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

Total MET-hours per week

Computed from Form 146, questions 6, 6.1, 6.2, 7, 7.1, 8, 8.1, 9 and 9.1 . Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

Variable # 193

Sas Name: TEXPWK_6

Sas Label: Total MET-hours per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----------|----------|----------|
| 79763 | 0 | 142.33333 | 13.14813 | 14.24316 |

MET-hours per week from walking

Computed from Form 146, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 194

Sas Name: WALKEXP_6

Sas Label: MET-hours per week from walking

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|----------|---------|---------|
| 79763 | 0 | 40.83333 | 4.31609 | 5.64458 |

Energy expend from avg walking

Computed from Form 146, questions 6, 6.1 and 6.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as *¿don¿t know¿* or was missing, the speed was assumed to be 2-3 mph.

Variable # 195

Sas Name: AVWKEXP_6

Sas Label: Energy expend from avg walking

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|------|---------|---------|
| 79763 | 0 | 24.5 | 2.18508 | 3.97395 |

Energy expend from walking fairly fast

Computed from Form 146, questions 6, 6.1 and 6.2 energy expenditure form walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 196

Sas Name: FFWKEXP_6

Sas Label: Energy expend fr walking fairly fast

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|----------|---------|---------|
| 79763 | 0 | 32.66667 | 1.64575 | 4.74098 |

Energy expend from walking very fast

Computed from Form 146, questions 6, 6.1 and 6.2 Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 197

Sas Name: VFWKEXP_6

Sas Label: Energy expend from walking very fast

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|----------|--------|---------|
| 79763 | 0 | 40.83333 | .11756 | 1.67571 |



Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

Energy expenditure from hard exercise

Computed from Form 146, questions 7 and 7.1. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 198

Sas Name: HARDEXP_6

Sas Label: Energy expenditure from hard exercise

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|---------|---------|
| 79763 | 0 | 49 | 4.16664 | 8.48969 |

Energy expenditure from mod. exercise

Computed from Form 146, questions 8 and 8.1. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 199

Sas Name: MODEXP_6

Sas Label: Energy expend from moderate exercise

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|------|---------|---------|
| 79763 | 0 | 31.5 | 3.28131 | 5.4233 |

Energy expenditure from mild exercise

Computed from Form 146, questions 9 and 9.1. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

Variable # 200

Sas Name: MILDEXP_6

Sas Label: Energy expenditure from mild exercise

Usage Notes: none

Categories: Computed Variables
Physical Activity

| N | Min | Max | Mean | Std Dev |
|-------|-----|-----|---------|---------|
| 79763 | 0 | 21 | 1.38409 | 3.14523 |

Estrogen use last year

Computed from Form 146, questions 26, 27, 28, 29, 29.1 and 29.4

Variable # 201

Sas Name: EST_6

Sas Label: Estrogen use last year

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

| Values | N | % |
|-----------|--------|-------|
| 0 No | 51,338 | 64.3% |
| 1 Yes | 24,771 | 31.0% |
| . Missing | 3,776 | 4.7% |
| | 79,885 | |



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

Progesterone use last year

Computed from form 146, questions 26, 27, 30 and 30.1.

Variable # 202

Sas Name: PRG_6

Sas Label: Progesterone use last year

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 66,028 | 82.7% |
| 1 | Yes | 10,661 | 13.3% |
| . | Missing | 3,196 | 4.0% |
| | | 79,885 | |

Hormone use last year (estrog. or progest.)

Computed from variables "Progesterone use last year" and "Estrogen use last year".

Variable # 203

Sas Name: HRT_6

Sas Label: Hormone use last year (estrogen or progesterone)

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

| Values | | N | % |
|--------|---------|--------|-------|
| 0 | No | 50,904 | 63.7% |
| 1 | Yes | 25,394 | 31.8% |
| . | Missing | 3,587 | 4.5% |
| | | 79,885 | |